

## Gems from the Gym May

What a beautiful time of the year! Parents, please check the weather for gym days because May can be very hot, very cold and everything in between! Some guide lines for clothing are:

- Under 60 degrees = Long sleeves and long pants
- 60-70 degrees = Layers
- Above 70 degrees = shorts and short sleeves

On hot days we need to remember water bottles, sun block and a hat. Sneakers are the best foot ware; try to stay away from sandals and heels.

Our Fit and Lit program is drawing to a close with Friday May 14 as the last day. Cashman did a great job with this program!

In PE class this month we spend time working on all the activities we will show off during our Field days. Field days are on Tuesday June 8<sup>th</sup> from 9-12:00 for 3<sup>rd</sup> & 4<sup>th</sup> grade and Wednesday June 9<sup>th</sup> from 9-11 for grades K-2. Thursday and Friday June 10/11 are the rain dates.

Have a great last full month of school!